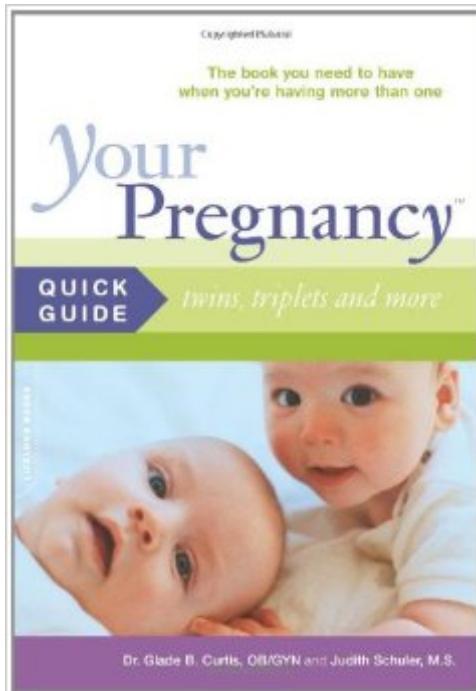


The book was found

# Your Pregnancy Quick Guide: Twins, Triplets And More



## **Synopsis**

Explanations of the special tests for mother and babies throughout pregnancyInformation on the nutritional needs and target weight gain for mothers expecting more ?than one childFrom birth presentation to monitoring during labor, what may happen during childbirthCesarean-section&#151;the factsInformation about premature birth and how you can protect yourselfSuggestions for coping with pregnancy discomfortsAdvice if youâ™re an older mother-to-be or working woman

## **Book Information**

Series: Your Pregnancy Quick Guide

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Average Customer Review: 3.2 out of 5 starsÂ See all reviewsÂ (5 customer reviews)

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## **Customer Reviews**

If you'd like to know what can go wrong, this is the book for you. It even ends by assuming your children will be very premature. And the 'good, the bad, and the snuggly' sections provide snippets from parents who've had everything from anemia, to conjoined twins, and the double threat of a vaginal delivery for one baby and an emergency ultrasound for the other. Where is the joy? Not in this book. We all know many terrible things can happen, and the internet can help with research of specific issues, which you'd still want to do if you came across something briefly mentioned in the book.

I already had the week by week book for a singleton pregnancy and that book gave more info of what I was looking for. Most the information in this book I had already read on-line or heard through on-line groups. However, I did enjoy the short meal plan it provides! Save the money and research

on your own.

I read this book along with several others when I was pregnant with twins. I don't mind the "negative" twin stories since they are true and people should be aware of things that can go wrong so they deal with it as needed. I took the advice to drink LOTS of water (even when I already felt full) and take fish oil and very good quality prenatal vitamins. My twins were born at 39 weeks and each weighed 7 pounds. I never had swollen legs, bed rest or any pressing issues besides heart burn. I credit this book and truly hope people take their advice as well.

This book scared me of all of the negative things that can happen to me because I am pregnant with twins.

This book was so helpful when I was pregnant with the twins. It gave me information that the regular pregnancy books didn't have. It answered many of my twin questions for a first time mom.

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Everything You Need to Know to Have a Healthy Twin Pregnancy: From Pregnancy Through Labor and Delivery . . . A Doctor's Step-by-Step Guide for Parents for Twins, Triplets, Quads, and More!

The Multiple Pregnancy Sourcebook: Pregnancy and the First Days with Twins, Triplets, and More

Your Pregnancy Quick Guide: Twins, Triplets and More The Everything Twins, Triplets, and More

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